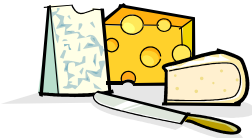


UDDERLY AMAZING DAIRY FACTS



- ✓ In an average day, a dairy cow will eat about 90 pounds of feed, drink a bathtub full of water, and produce 5 to 6 gallons of milk (that's about 80 8-ounce glasses of milk)!
- ✓ If people ate like cows, they would have to eat about 360 cheeseburgers and drink 400 to 800 glasses of water each day!
- ✓ To get the same amount of calcium provided by a quart of milk, you would have to eat 3 $\frac{1}{2}$ pounds of peas, 27 oranges, 50 tomatoes and 50 slices of whole wheat bread.
- ✓ Cows spend an average of six hours each day eating, and an additional eight hours ruminating or chewing their cud. Most cows chew at least 50 times per minute!
- ✓ An average dairy cow weighs about 1,400 pounds.
- ✓ An average U.S. cow produces 53 lbs of milk per day, or 6.2 gallons.



- ✓ One gallon of milk weighs 8.6 lbs.
- ✓ It takes 10 pounds of milk to make one pound of cheese
- ✓ Americans eat an average of 29 pounds of cheese every year—over a lifetime that's more than a ton of cheese.
- ✓ Americans eat the equivalent of 100 acres of pizza every day!
- ✓ People crave cheese more than any other food.
- ✓ When cheese is first made it has little flavor. It takes 3 months to make mild cheese and at least a year to make sharp cheese.
- ✓ All cheese is naturally white, Yellow cheeses are yellow because color is added to them.



- ✓ It takes 12 pounds of whole milk to make one gallon of ice cream.
- ✓ Vanilla is America's favorite ice cream flavor. Favorite topping is chocolate syrup
- ✓ The ice cream cone made its debut at the 1904 World's Fair in St. Louis.
- ✓ June is Dairy Month, July is Ice Cream Month, and October is National Pizza Month

Sowing the Seeds of Understanding

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